

PERRY ADULT RECREATION - AUGUST 2010

Indoor Shoes Please - Bring indoor shoes for dancing, exercising and walking. Wet floors & salt can cause unsafe & messy conditions for us!!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3 Yoga - 9:15 am-10:30 am Men's Coffee House - 8:45-10:30 Stamping - 10:30 - Noon Needlework - 1:00-3:00 Bridge Lessons - 12:30 Line and Partner Dancing, 7 pm	4 Craft Club - 9:30 am - 11 am Line Dance Lessons - 9:50 - Noon Arthritis Class - 11- Noon Cornhole - 12:30 - 2 pm Drama Club - 1-2:30 pm Podiatrist - 1:15-3:30 pm Texas Hold'Em, 6-8 pm Concerts in the Park, 7 -9 pm	5 Weight Watchers Meeting - 11 am	6 Exercise Class - 9:30 - 10:15 Brain Games - 10:30-11:15 Line Dancing - 10:30-11:30 Rummicube & Cards- 10:30 - 3:30
9 Jazzercise - 8:15 am Brain Fitness - 10:15 - 11:00 Line Dance for Exercise - 9:50-10:30 Line Dance Lessons - 10:40- 11:10 Bridge- 12:15 Arthritis Class - 11:15- Noon Jazzercise - 5:30 pm	10 Yoga - 9:15 am-10:30 am Men's Coffee House - 8:45-10:30 Needlework - 1:00-3:00 Bridge Lessons - 12:30 Line and Partner Dancing, 7 pm	11 Craft Club - 9:30 am - 11 am Line Dance Lessons - 9:50 - Noon Arthritis Class - 11- Noon Cornhole - 12:30 - 2 pm Drama Club - 1-2:30 pm Texas Hold'Em, 6-8 pm Concerts in the Park, 7 -9 pm	12 Computer Class (Tech.) - 9-11 am Drama Club - 10-11:30 am Weight Watchers Meeting - 11 am Wagon Wheels & Automobiles Trip	13 Exercise Class - 9:30 - 10:15 Brain Games - 11:15-Noon Line Dancing - 11:15 - Noon Rummicube & Cards- 10:30 - 3:30 Members Meeting - 10:20-10:50 Birthday Celebration
16 Jazzercise - 8:15 am Brain Fitness - 10:15 - 11:00 Line Dance for Exercise - 9:50-10:30 Line Dance Lessons - 10:40- 11:10 Bridge- 12:15 Arthritis Class - 11:15- Noon Jazzercise - 5:30 pm	17 Yoga - 9:15 am-10:30 am Men's Coffee House - 8:45-10:30 Needlework - 1:00-3:00 Bridge Lessons - 12:30 Line and Partner Dancing, 7 pm	18 Craft Club - 9:30 am - 11 am Line Dance Lessons - 9:50 - Noon Arthritis Class - 11- Noon Cornhole - 12:30 - 2 pm Drama Club - 1-2:30 pm Concerts in the Park, 7 -9 pm Texas Hold'Em, 6-8 pm	19 Computer Class (Basic 1) - 9-11 am Weight Watchers Meeting - 11 am Market Day Pick-up	20 Exercise Class - 9:30 - 10:15 Brain Games - 10:30-11:15 Line Dancing - 10:30-11:30 Rummicube & Cards- 10:30 - 3:30 Seniors Day at the L.C. Fair!!!!
23 Jazzercise - 8:15 am Brain Fitness - 10:15 - 11:00 Line Dance for Exercise - 9:50-10:30 Line Dance Lessons - 10:40- 11:10 Bridge- 12:15 Arthritis Class - 11:15- Noon Jazzercise - 5:30 pm	24 Yoga - 9:15 am-10:30 am Men's Coffee House - 8:45-10:30 Taco Lunch sign-up deadline Needlework - 1:00-3:00 Bridge Lessons - 12:30	25 Craft Club - 9:30 am - 11 am Line Dance Lessons - 9:50 - Noon Arthritis Class - 11- Noon Cornhole - 12:30 - 2 pm Drama Club - 1-2:30 pm Podiatrist - 1:15-3:30 pm Texas Hold'Em, 6-8 pm	26 Computer Class (Basic 2) - 9-11 am Taco Thursday Lunch- Noon Weight Watchers Meeting - 11 am	27 Exercise Class - 9:30 - 10:15 Brain Games - 10:30-11:15 Line Dancing - 10:30-11:30 Rummicube & Cards- 10:30 - 3:30 Holmes County Trip
30 Jazzercise - 8:15 am Brain Fitness - 10:15 - 11:00 Line Dance for Exercise - 9:50-10:30 Line Dance Lessons - 10:40- 11:10 Bridge- 12:15 Arthritis Class - 11:15- Noon Jazzercise - 5:30 pm	31 Yoga - 9:15 am-10:30 am Men's Coffee House - 8:45-10:30 Needlework - 1:00-3:00 Bridge Lessons - 12:30 Niagra Seneca Gambling 6:30 Frport			