

PERRY ADULT RECREATION - JUNE 2010

Indoor Shoes Please - Bring indoor shoes for dancing, exercising and walking. Wet floors & salt can cause unsafe & messy conditions for us!!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<p>1</p> <p>Yoga - 9:15 am-10:30 am Men's Coffee House - 8:45-10:30 Building Bones & Balance - 11:00 Stamping - 10:30 - Noon Bridge Lessons - 12:30 Needlework - 1:00-3:00</p> <p>Yoga - 5:30 pm Ballroom Dance - 7:15 pm</p>	<p>2</p> <p>Jazzercise - 8:45 am Craft Club - 9:30 am - 11 am Line Dance Lessons - 10 - 11:30 Arthritis Class - 11- Noon Easton Place Shopping Drama Club - 1-2:30 pm Jazzercise - 5:30 pm Texas Hold'Em, 6-8 pm</p>	<p>3</p> <p>Weight Watchers Meeting - 11 am</p> <p>L.C. Captains</p>	<p>4</p> <p>Exercise Class - 9:30 - 10:15 Brain Games - 10:30-11:15 Line Dancing - 10:30-11:30 Rummicube & Cards- 10:30 - 3:30</p>
<p>7</p> <p>Jazzercise - 8:45 am</p> <p>Brain Fitness - 10:15 - 11:00 Line Dance for Exercise - 9:50-10:30 Line Dance Lessons - 10:40- 11:10</p> <p>Bridge- 12:15 Arthritis Class - 11:15- Noon Jazzercise - 5:30 pm</p>	<p>8</p> <p>Yoga - 9:15 am-10:30 am Men's Coffee House - 8:45-10:30 Building Bones & Balance - 11:00 Bridge Lessons - 12:30 Needlework - 1:00-3:00</p> <p>Yoga - 5:30 pm Ballroom Dance - 7:15 pm</p>	<p>9</p> <p>Jazzercise - 8:45 am Craft Club - 9:30 am - 11 am Line Dance Lessons - 10 - 11:30 Arthritis Class - 11- Noon</p> <p>Drama Club - 1-2:30 pm Podiatrist - 1:15-3:30 pm Jazzercise - 5:30 pm Texas Hold'Em, 6-8 pm</p>	<p>10</p> <p>Weight Watchers Meeting - 11 am</p> <p>Potluck Lunch - Noon</p>	<p>11</p> <p>Exercise Class - 9:30 - 10:15 Brain Games - 11:15-Noon Line Dancing - 11:15 - Noon Rummicube & Cards- 10:30 - 3:30</p> <p>Members Meeting - 10:20-10:50 Birthday Celebration Erie Red Eye - Depart 6:30pm, Perry</p>
<p>14</p> <p>Jazzercise - 8:45 am</p> <p>Brain Fitness - 10:15 - 11:00 Line Dance for Exercise - 9:50-10:30 Line Dance Lessons - 10:40- 11:10 Risk Management Lunch - Noon Bridge- 12:15 Arthritis Class - 11:15- Noon Jazzercise - 5:30 pm</p>	<p>15</p> <p>Yoga - 9:15 am-10:30 am Men's Coffee House - 8:45-10:30 Building Bones & Balance - 11:00 Bridge Lessons - 12:30 Needlework - 1:00-3:00</p> <p>Yoga - 5:30 pm Ballroom Dance - 7:15 pm</p>	<p>16</p> <p>Jazzercise - 8:45 am Craft Club - 9:30 am - 11 am</p> <p>Line Dance Lessons - 10 - 11:30 Arthritis Class - 11- Noon Drama Club - 1-2:30 pm Historic Trip to Cleveland Jazzercise - 5:30 pm Texas Hold'Em, 6-8 pm</p>	<p>17</p> <p>Weight Watchers Meeting - 11 am</p> <p>Fiddler on the Roof</p>	<p>18</p> <p>Exercise Class - 9:30 - 10:15 Brain Games - 10:30-11:15 Line Dancing - 10:30-11:30 Rummicube & Cards- 10:30 - 3:30</p>
<p>21</p> <p>Jazzercise - 8:45 am</p> <p>Brain Fitness - 10:15 - 11:00 Line Dance for Exercise - 9:50-10:30 Line Dance Lessons - 10:40- 11:10</p> <p>Bridge- 12:15 Arthritis Class - 11:15- Noon Jazzercise - 5:30 pm</p>	<p>22</p> <p>Yoga - 9:15 am-10:30 am Men's Coffee House - 8:45-10:30 Building Bones & Balance - 11:00 Needlework - 1:00-3:00 Bridge Lessons - 12:30</p> <p>Yoga - 5:30 pm Ballroom Dance - 7:15 pm</p>	<p>23</p> <p>Jazzercise - 8:45 am Craft Club - 9:30 am - 11 am Line Dance Lessons - 10 - 11:30 Arthritis Class - 11- Noon Welcome Summer Lunch - Noon Drama Club - 1-2:30 pm Podiatrist - 1:15-3:30 pm Jazzercise - 5:30 pm Texas Hold'Em, 6-8 pm</p>	<p>24</p> <p>Weight Watchers Meeting - 11 am</p>	<p>25</p> <p>Exercise Class - 9:30 - 10:15 Brain Games - 10:30-11:15 Line Dancing - 10:30-11:30 Rummicube & Cards- 10:30 - 3:30</p>
<p>28</p> <p>Jazzercise - 8:45 am</p> <p>Brain Fitness - 10:15 - 11:00 Line Dance for Exercise - 9:50-10:30 Line Dance Lessons - 10:40- 11:10</p> <p>Bridge- 12:15 Arthritis Class - 11:15- Noon Jazzercise - 5:30 pm</p>	<p>29</p> <p>Yoga - 9:15 am-10:30 am Men's Coffee House - 8:45-10:30 Building Bones & Balance - 11:00 Needlework - 1:00-3:00 Bridge Lessons - 12:30</p> <p>Yoga - 5:30 pm Ballroom Dance - 7:15 pm</p>	<p>30</p> <p>Jazzercise - 8:45 am Craft Club - 9:30 am - 11 am Line Dance Lessons - 10 - 11:30 Arthritis Class - 11- Noon Drama Club - 1-2:30 pm</p> <p>Jazzercise - 5:30 pm Texas Hold'Em, 6-8 pm</p>		